

TORBAY HOSPITAL
League of Friends
Helping to care...

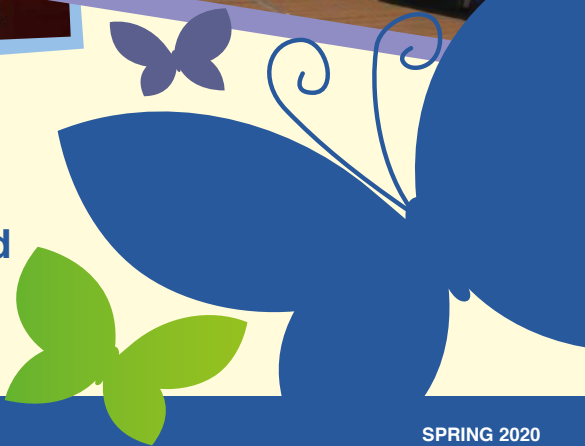


Over £19 Million raised...

... so far!



Since the formation of
Torbay Hospital League
of Friends, we have raised
over £19 million for
the Hospital.



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If you would like to volunteer for one of our committees, or for any other enquiry, please contact:

Mr P.F.V White (Secretary) 01803 298170
Highlyn, 6 Haldon Close. Torquay, TQ1 2NA
Butterflies Café 01803 654520
League of Friends Office 01803 654520
Email.....info@thlof.co.uk

With Special Thanks

We would like to thank all of you who have contributed to making the hospital League of Friends such a success, and we hope you will enjoy reading about how we continue to raise funds to carry on the good work.

There are over 140 volunteers working in the hospital, under the umbrella of the League. These include: the trolley service; manning the Butterflies Café; meeting and greeting people in the outpatients entrance and showing them to different parts of the hospital; delivering documents for the consultants and much much more.

Designed and Printed by
www.frankman.co.uk

Edited by
Linda Dewis

When you have read this newsletter please pass it to a friend or neighbour to help publicise the work of
Torbay Hospital League of Friends.
Visit our website at
www.thlof.co.uk



Meet the Team



I have been on the League of Friends management committee for over forty years and the membership secretary since 1986.

I first became involved with the League after leaving my job with Natwest Bank when my daughter was born in 1979.

At that time we operated with small district committees in the town and I joined the group in Shiphay.

I was invited to join the management committee very soon after and have been actively involved ever since, chairing both our Events committee and Management committee.

Following my term as Chairman I was honoured to be appointed a Vice- President.

Over the years I have seen many changes within our organisation and an increase in the sums we give to the hospital for much needed equipment.

Membership plays an important part in reaching the general public in the area and I wonder whether you would help us by giving a copy of this newsletter to someone and encouraging them to support us as you do yourself.

Thank you for taking the time to read this and for your continued support.

Julia Hearne

Membership secretary

I am writing at a time when health and care services are faced with the Coronavirus outbreak in the UK.

In the next few weeks we expect to be treating unprecedented numbers of people who have tested positive for the virus and need to access hospital services.

I am pleased to report that all our staff are working with our partners to ensure readiness to meet this need, implementing well-rehearsed plans to meet the needs of our local people.

I am reminded of how fortunate we are to have been able to upgrade our intensive care facilities with the help of the League of Friends and what an important role the unit will have in supporting people who are the most unwell.

Thank you once again to the League of Friends. It is a privilege to work with a group of people so committed to doing the very best for their community.

Article written by Sarah Fox, on Behalf of Liz Davenport.

Sarah Fox

Assistant Trust Board Secretary and Executive Assistant to the Chairman and Chief Executive

Torbay and South Devon NHS Foundation Trust



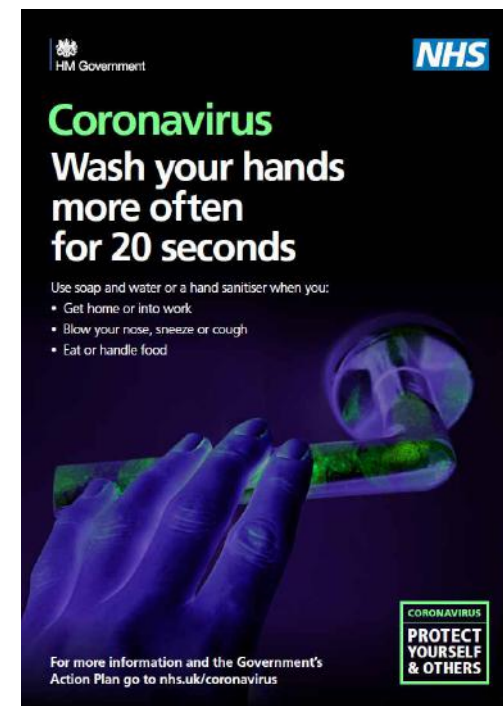
Liz Davenport

Chief Executive officer



Pat Pope, one of the volunteers in the League's Butterflies Café retired after 14 years.

The President, Chairman, Vice Chairman and secretary attended a presentation.



And this is how we did it...

Here are just a few of the many, many events and donations that have helped the League to reach their amazing target.



Coffee Morning

Wellswood Coffee Morning at the Imperial Hotel

£737
Raised



Ongoing!
Total Still
Climbing

Handmade Sale

Sale of Handmade items at Coffee morning and a Christmas Sale by the Linen Ladies in the hospital.

We also had a donation of £220 from a U3a group of ladies who had a stall at WinterFest at Torre Abbey before Christmas.



£3645
Raised

Christmas Draw



£650
Raised

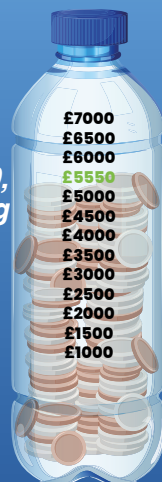
Glamour Afternoon

The Salon at Wellswood held a Glamour Afternoon just before Christmas. Our thanks go to Ian and BJ for their generosity.

Pennies in Plastic

Pennies in Plastic is now nearing £6,000, please do keep saving your loose change in plastic bottles.

When they are full, the office at level 2 will be glad to receive them.



£1380
Raised



Chish and Fipps at Hanburys.

Over the past 5 years this event has raised over £7500 the most recent event alone raised £1380.

A certificate of appreciation was presented to David Hanbury.

Buffalos The Royal Order of Buffalos chose us as their charity for 2019. The Presentation Dinner to receive the monies collected unfortunately is postponed due to Coronavirus

Primark Primark adopted us as their charity last year and have donated £750. Our thanks to all concerned.

Wellswood Ladies We are delighted that the Ilsham WI, having already raised over £1000 for us last year, have again adopted us for 2020.

Shiphay Amateur Dramatic Society have been raising money at their productions and have now raised £475.34

Thank you to all those who have supported us.

The league does not employ Public Relations people, Events Co-ordinators, or professional fund raisers, instead we undertake all these tasks ourselves and as a result of this, over those years we have managed to return 95p in every £1 raised straight into the Charity.

This is probably our most important achievement – only 5p in every £1 spent on vital expenses to run the League, and items such as this Newsletter, produced twice a year – would be part of that expenditure.

Our Management Committee meet monthly to run the affairs of the League and to consider bids from the Hospital for various pieces of equipment, which they really need. This equipment cannot be purchased out of their NHS budgets, additional equipment to aid the patients and the staff are considered extremely important to the wellbeing of all who use our Hospital. This committee is made up mostly of the Trustees who manage the Charity's funds.

We have an Events Committee who do their best to raise funds via various means, all this activity helps us to keep in the public eye and of course raises much needed funds. The Wellswood Committee, also regularly organise fundraising events.

The Linen League are a small group of fantastic needlewomen who make specialist garments for the hospital. Various items are made such as gaily coloured gowns for the Childrens' ward and jazzy tabards for the nurses who work in that ward. For maternity, they make nursing capes, items for newborn babies, knitted boobies – yes that is the correct word – for new Mums to practice with for expressing milk, covers for the incubators and so on.

In their spare time they make beautiful hand crafted goods, such as cushion covers, bags, bunting etc, which they then sell and so raise more money for the League.

We have a Junior League – the girls from the Torquay Girls Grammar School organise and run their own type of fundraising activities such as serving refreshments at parent's evenings, mufti days etc, they in turn donate this money to the League.

So, all of these fundraising ideas come together as income for the League, but there are two other extremely important sources of income.



Lynne Hookings tells us how she spreads the word.

Firstly, Butterflies, our Café on Level 2 (Outpatients), run by the largest sector of Volunteers and is managed by our Managers who order, rotate and check stock levels etc and most importantly roster the volunteers. Our guides, who also are on Level 2 also come within this area.

All the proceeds from Butterflies are then transferred into the Charity pot.

Secondly, the majority of our income comes from Legacies and we are forever grateful that people choose to leave a legacy, which means so much to the Charity for the future benefit of all our patients. Some 85% of our income comes from Legacies and without that – regardless of how many Coffee Mornings and Bedpushes we do – we could never afford the level of equipment that we are being asked to supply today.

Since our early days when we thought it wonderful to provide little extras such as vases for flowers, bedside lockers and chairs etc to today's requests for equipment which can cost well over £1m – so much has changed, and with that change we – as volunteers – do our very best to help our hospital in any way we can.

So whether we buy equipment, whether we guide you to the correct Clinic area, whether we serve you a delicious coffee and a sticky bun, whether we sell you tickets for events or ask you to donate – I hope you feel that the work of the League of Friends is absolutely invaluable to this hospital – and most of us are patients at some point in our lives – we will never know when we need it.

So thank you for your continued support, take care and look after yourselves.

Lynne Hookings

Vice President

We are busy raising money for equipment for the new Emergency Department but we have also bought several items for different departments

6 battery operated Raizer chairs at a cost of £17,700

To help Nurses assist the nearly 400 patients each year who have the misfortune to fall within the Hospital.

These new chairs will lift a fallen patient to a seated position in a matter of seconds but in a slow, controlled and quiet manner.

The Raizer is compact and can be connected quickly around the fallen patient with minimal effort usually under 3 minutes.

2 reclining chairs

For the TAIRU Patient Infusion Unit which gives all day infusion for patients with autoimmune diseases, such as Multiple Sclerosis, Rheumatoid Arthritis, Scleroderma etc. Patients can be receiving an infusion for up to 7 hrs. They previously had very old uncomfortable chairs.

Moveable Equipment

We were able to provide equipment for the Physiotherapy Unit to help to allow all training teams who deal with patients in their own homes to have a safe space to learn valuable skills in environments that are as realistic as possible, in a multitude of home environments.

It was intended to have it movable to accommodate different house layouts and to allow for hoist training inside houses of patients who have severe physical disabilities/needs.

By creating a totally movable space, it allows the room to be used for various purposes and could still be used as a ward environment when needed.

This will give the team an environment for training staff that is unique and absolutely at the forefront of the technology required to prepare staff to support many of our patients. Of the League, such as helping with Fund raising or with League events, please contact the Hon Secretary Philip White



This reduces the time that the patient is left on the floor, improves the health and wellbeing of a non-injured faller and reduces the risk of injury to both patient and staff.

We also bought 4 Mindray monitoring systems



For high risk patients receiving non invasive ventilation (NIV) on Midgley ward.

The continuous monitoring systems will enable Respiratory Nurses to care for patients requiring NIV in the right environment. This would ensure each patients care was optimised, and the environment they receive their care in is safe and the patient experience is as stress free and holistic as possible.

The monitoring system gives reassurance to the nurses that their patients are safe.

This free's up nurses to give effective care to other patients.

The monitoring system has the facility to download information which is key to reviewing and improving the NIV service we provide. At a cost of £14,728.

How you can help...

Become a Friend of the League or an active member and join one of our district teams and receive a twice-yearly newsletter and other mail shots. Email us on info@thlof.co.uk if you are interested.

Thank You Donations...

Donations can be sent to our secretary **Philip White, Highlyn, 6 Haldon Close, Torquay, TQ1 2NA**

If your donation can be 'gift aided' this will significantly increase the value to the Charity. Please contact the Secretary if you would like a Gift Aid form.

Volunteer

Even a couple of hours a week can make a real difference. Contact the League of Friends office at the Hospital on **01803 654520**

If you would like to become a more active member of the League of the League, such as helping with Fund raising or with League events, please contact the **Hon Secretary Philip White**

Leave a legacy

We hope our hospital plays a role in everyone living a long and happy life. Leaving a gift to charity is an amazing way for your generosity to last beyond your own lifetime.

Please ask if you would like to receive our legacy information leaflet.

Or just have a coffee

The Butterflies Café on Level 2 is run by the League and all profits go to supporting our causes. It has a lovely relaxed atmosphere and every cuppa helps us to provide care for the people of Torbay and South Devon.

The Café is open from 9.30am to 4.00pm Monday to Friday.

Visit our website www.thlof.co.uk

Future Events

We are not planning any future events at this difficult time, when times return to normal events will be announced in e-news.

If conditions allow we hope to be at Cockington Fayre and our Annual Bed Push on the sea front August Bank Holiday.

Everyone is very welcome to join us at any of our fundraising or information events.

Information on any of these events can be obtained by emailing info@thlof.co.uk.

Details will also be in the monthly e-news, nearer the time; so please make sure we have your e-mail address.

We would love to see you.



95p in every £1

Donated goes directly to supporting our charitable causes.

TORBAY HOSPITAL Sea Front
League of Friends
Helping to care...



Registered Charity No. 200905