



TORBAY HOSPITAL

League of Friends

Helping to care...

Autumn 2015

The Newsletter of Torbay Hospital League of Friends

Critical Care Unit Appeal Launch

In December last year the Torbay Hospital League of Friends embarked on its most ambitious project so far. That is to raise £1.6m to equip the new Critical Care Unit.

The Appeal was launched at Bay View Restaurant, Torbay Hospital, where President Patricia Roberts welcomed members of the League and Volunteers, members of the South Devon Healthcare Trust as well as Colleen Smith from the Herald Express and Jennie Park from Palm FM.

She said that today was a special occasion in the life of the League as it marked the first day of our "It's Critical" Appeal to raise £1.6m to equip the new Critical Care Unit. She expressed her delight that the League was able to count on the support of both the Herald Express and Palm FM for help in raising this huge sum and said that they were both working very hard for the League.

Lynne Hookings, one of the League Vice Presidents then introduced John Lowes the Interim Chief Executive for the Trust who spoke about the special relationship between the League and the Hospital. He said that while Torbay was a very nice part of the world to work in it was the resources of the Hospital, enhanced by the work of the League, which made Torbay Hospital that little bit special.



He said that everyone knew the NHS was finding the Pounds and the Pennies hard to come by and it was great news that the League was

Continued on Page 3

Presidents Report



The National Health Service is high on the list of news at the moment with accounts of many Hospitals in trouble.

I am sure that our local Torbay Hospital must be having some problems but I think that it still rides high and continues to provide excellent service.

The League of Friends undoubtedly contributes to this and the Hospital Authorities really appreciate our support.

We have a right to be proud of the time and work provided by our members and volunteers who man the Butterflies Café and act as Guides, welcoming and helping patients. Thank you to all of them.

There have been many complimentary remarks about the new Butterflies café and newly refurbished Level 2 Outpatients. Takings at the café have exceeded all expectations.

There have been successful events held since the last Newsletter and I'm sure that you will enjoy reading about them in this Newsletter or on our website which is updated regularly.

Fundraising and donation are essential to keep the money flowing so that we can reach our exciting and demanding target of £1.6m to equip a new Critical Care Unit which is being built by the Hospital

We are very grateful to the Herald Express and Palm Radio who are supporting our Appeal through advertising and holding events.

The new unit will benefit a big area and some of our District Hospitals have donated with this in mind. Thank you.

I am a great believer in promoting the League of Friends and the work that we do through word of mouth – encouraging people and friends to become members through donations and making them aware of the volunteers work.

We have raised £15million in the 60 years of our being and, we hope, more to come!

*Patricia
Roberts*

INSIDE: [Page 2](#) Presidents report | [Page 3/5](#) Critical Care appeal | [Page 5](#) Choir sings for Critical Care | [Page 6/7](#) Getting out the news | [Page 7/8](#) Children's hearing donating | [9](#) Neurophysiology Equipment | [10](#) Big Noise for Christmas | [Page 11](#) Autumn Round up | [Page 12](#) Bridge Tea | [Page 13](#) Chairman's Report | [Page 14/15](#) Accounts Summary | [Page 16](#) Wow / Fish supper | [Page 17](#) Upcoming Events | [Page 18 /19](#) New Chief Executive | [Page 20](#) Help for Gallstone Patients | [Page 21](#) Somerset Care Olympic Torch Walk | [Page 22](#) Junior League Update | [Page 23](#) Waitrose Talkens | [Page 24](#) Crab Supper / Palm FM Bowling night | [Page 25](#) St George's Day Dinner | [Page 26](#) In Memoriam / Coffee Break | [Page 27](#) Volunteers Needed

supporting the new CCU in such difficult times.

He went on to explain that the present CCU was aging and too small for present day requirements. He could think of no better way for the League to mark its 60th Anniversary than to raise funds for this unit and that it would be a crowning achievement.

Marie Wright a specialist Doctor working in the present Intensive Care Unit then described the present posi-

tion in more detail. The current unit had 9 beds and was built in the 1980's. Over time it was now not able to meet modern standards which required so much more in the way of drugs and machines. Nowadays a seriously ill patient needed to be connected to all kinds of machines including possibly ventilators, kidney machines and other machines to monitor the heart and lungs as well as (in some cases) up to 15 infusion pumps.

Additionally there would be machines to keep the patient warm, and to provide food. All these machines had associated

wiring so that the staff were practically limbo dancing around the beds to avoid the wires.

She said the new equipment would have ceiling consoles for the wiring which would create much extra room and there would be more dedicated storage units.

There would be enhanced dignity for patients and improved facilities for vis-

iting families.

She said all the staff working in the unit at the moment prided themselves



on doing the best they possibly could and would be able to do much more with better staff areas and better family arrangements.

The new CCU would reinforce the quality of care presently provided and everyone would benefit i.e. patients, relatives and staff.

Jacqui Lyttle, a Non-Executive Directors of the South Devon Trust, deputising for the Chairman Sir Richard Ibbotson who unfortunately was unable to be present, acknowledged the enormous help pro-

vided to the Hospital by the League over many years and said she was staggered to read that the total raised was over £15m.



She said she was proud to be here at the launch of this appeal for the new CCU which would help everyone and enhance the care provided to everyone who needed it

Colleen Smith on behalf of the Herald Express said her paper was keen to support the League and promised the papers support in this its biggest challenge to date

Jennie Park of Palm FM explained that Palm Radio covered a substantial part of the South Devon Area with 40,000 listeners and the same on line. She said Palm were proud to make Torbay Hospital League of Friends its Charity of the Year for 2015 and hoped this would raise awareness for this appeal.

Finally David Rogers, Chairman of the Torbay Hospital League of Friends, concluded the event by saying that the ap-

peal was “Critical” and that the members of the League were all committed to raising the money.

He said that it was about a year ago that the possibility of the League helping with funds for the new CCU had been first raised and that when John Lowes came to us with a definite proposal to help with the funding of the equipment the decision had been unanimous that we would do what we could.

He said it would be a great legacy to the Hospital to commemorate the League’s 60th Anniversary and would benefit not only Torbay but also the surrounding areas served by the Hospital as well. The unit would have state of the art equipment for all to use whenever they needed it

He then disclosed the “Its Critical” Appeal thermometer and was proud to say that £100,000 had been raised so far.



He concluded by saying that he was proud to be the Chairman of the League

at this time. He thanked everyone for coming and formally declared this was Day 1 of the Appeal

In the relatively short time since the Appeal was launched it is gathering momentum and the amount raised now stands proudly at £400,000. However there is a long way to go but with your support we are determined to raise the money. We are holding a number of fundraisers in the coming months with a mixture of small and large events to try

and appeal to the whole community as the hospital helps everybody in Torbay.

PLEASE GIVE GENEROUSLY WHENEVER YOU CAN



CHOIR SINGS FOR CRITICAL CARE UNIT

Last Autumn Wellswood District was proud to present a concert at Central Church. Local Ladies Harmony Chorus, Riviera Sound, a local ladies choir who have enjoyed much musical success and have won many competitions since their formation, delighted an audience with a wonderful concert to raise monies for Torbay Hospital League of Friends. The Choir celebrating their 10th anniversary wanted to support the League in their quest to raise £1.6million to help

equip the planned new Critical Care Unit at the hospital.

The Ladies gave a performance of mixed songs and were well supported by The Back Beach Boyz from Teignmouth who sang rousing sea shanties, and young rock n roll skiffle band The Miners. During the evening Critical Care consultant Dr Mick Mercer and Senior Staff Nurse Julia Rutherford explained the vital work done by the department and how they were looking forward to the new state of the art unit due in 2016. League Vice President Mike Evans talked about the work of the League and its latest CCU appeal and said how very grateful the League was to Riviera Sound for their fantastic support in helping us to raise money for our Appeal



The Choir thanked all their sponsors and supporters who contributed to the success of the evening with refreshments and raffle.

When the final figures were in the League was delighted to accept a total of £610 and we have a photograph to prove it!



Getting out the News

Have laptop, will travel!

I never volunteered for this job - it sort of happened!

The person who used to represent the League by giving talks about our work to other local clubs and societies, was our previous President, Fred Payne, who sadly passed away a few years ago.

He had a wealth of knowledge about the League and a whole gallery of photographs to illustrate his talks and of course he did an excellent job and was a hard act to follow.

No-one really carried on his role until it became obvious that someone had to make an effort and pick up the challenge and that is how it started for me.

So I wrote a script telling the tale of how the League started and its progress and successes over the last 60 years. This is changed regularly as our story unfolds

and it was obvious that to hold people's attention, it had to be made more interesting that just listening to me rabbit on!



So to make the talk 'sound' more exciting - I entitled it "Robots, Horizon and so much more". A PowerPoint presentation was added to give further interest and since this point I have been travelling to Clubs in various parts of Torbay and South Devon, with my laptop and a borrowed projector, giving these talks on behalf of the League.

Audiences and times of talks vary; probably the best time to do this is in the mornings. In the afternoons - possibly after enjoying a good lunch, it could be dozing time and in the evenings people

are either tired or just want to get home and put their feet up. I will never be a riveting speaker, but I do try to put enthusiasm and energy into my talks. The subject will never interest everybody either but, it is so interesting for me to hear other people's views on the work we do - and indeed to try and answer some of the more challenging questions they may pose.

No charge is ever made for my talks, but if anyone offers then I suggest that they may wish to make a donation to the THLOF - thankfully most of them do.

It is a great way of getting our message out to the community we are here to serve, via our presence at the Hospital. It certainly does raise awareness of what we try to do in following our 'Helping to

Care' message contained in our logo.

Over the last few months the Video department at the Horizon Centre has been filming some of our activities and are very kindly putting together a short film of what we do - giving a marvellous overview of the League in a very short, punchy film.

This will further add interest to our talks and will also be added to our website for all of you to watch.

So - I have enjoyed doing this over the last three years - but there will always be a vacancy for my role - when anyone else wants to step forward. Applications on a postcard please to !!!!!!!

Lynne Hookings,

Vice President THLOF

League donation means more accurate hearing test results for children

South Devon babies and children now have access to a much improved hearing test system thanks to a generous donation of £6,450 from the Torbay Hospital League of Friends.

The donation has enabled South Devon Healthcare NHS Foundation Trust, which runs Torbay Hospital, to buy four new visual response audiometry (VRA) cabinets. VRA cabinets work on a reward system - these newer models with multiple rewards mean the test results are

likely to be more accurate and successful, which is particularly important when it comes to fitting hearing aids for those



with a permanent childhood hearing impairment.

The VRA cabinets can be described as a tower of three separate compartments each containing soft toys or animated toys such as a bus or fire engine. One cabinet is positioned either side of where the child sits for the test. This gives a total of six different toys, all of which remain unseen in the darkened cabinet until the child hears a sound, turns in the direction of that sound and is rewarded with a cabinet lighting up and displaying a toy.

Before these new cabinets were bought by the League of Friends, the Trust used single VRA cabinets but an improved system was needed, especially for children who use hearing aids and attend regularly as they would tire of repeatedly seeing the same toy.

Infants with permanent hearing loss will attend every three months for a hearing assessment and hearing aid update, and so they learn very quickly what to expect to see in the cabinets, which can lead to fatigue during the test. The new cabinets have a wide variety of toys so that the session can be prolonged and enable much more accurate information to be obtained at each test.

Head of Audiology at Torbay Hospital, Claire Rockett, said: "Having four of these new cabinets will really help us to cope with the number of referrals into

our children's hearing service. Already both patients and staff are enjoying the new system; we are so grateful to our wonderful League of Friends for making this possible. We can also continue to use the existing single VRA cabinets for the more routine hearing tests."

David Rogers, Chairman of the League of Friends said: "We are delighted to have been able to provide funds for this equipment. We know it will be an immense help in diagnosing early hearing problems in our children."

This is the second piece of good news for Torbay Hospital's Audiology Department in recent months. In November, the Trust announced that the department was the first service in the South West to receive the internationally recognised UKAS (United Kingdom Accreditation Service) accreditation; a standard of assurance that the service given is compliant with the latest international standards of practice.



Audiology patient, Jeydan Fields, pictured with David Rogers (League Chair), Claire Rockett (Head of Audiology), Karen Fields (Jeydan's mum), Philip White (League Secretary) and Sandy Aze (Assistant Audiologist)

League aids closer-to-home neurophysiology service

South Devon and Torbay patients can now have neurophysiology tests closer to home thanks to a generous donation of new equipment worth around one hundred and twenty thousand pounds from the Torbay Hospital League of Friends.

Neurophysiology is a specific field which is fundamental to the management of many neurological disorders of the nervous system and requires specialist equipment to carry out diagnostic tests as well as nerve conduction studies.

The new equipment funded by the League, consisting of a video EEG system (electroencephalography) and an EMG/EP machine (electromyography and evoked potentials machine) plus associated portable laptop, enables these diagnostic tests to be undertaken at Torbay Hospital.

Dr Ibrahim Imam Consultant Neurologist said: "I am very grateful to the Torbay Hospital League of Friends for funding this equipment so that we can save many patients a journey to either Exeter or Plymouth.

"A weekend service is currently in place at Torbay Hospital for patients requiring EMG diagnostics and the Trust is currently working with Royal Devon & Exeter NHS Foundation Trust to provide an on-site weekday service for EEG and nerve

conduction studies. The purchase of this equipment has enabled us to take our first steps in delivering our aspiration of a Neurophysiology service closer to home for our local population."

An EEG test detects electrical brain activity and is usually carried out if a person is suffering from blackouts or is having episodes of altered awareness. An EMG assesses how well your nerves and muscles are working and is generally carried out for symptoms such as tingling, numbness or weakness in the face, arms or legs.

Other specialties, such as General Medicine, Rheumatology, Orthopaedics, and Paediatrics also benefit from these tests



in their diagnosis of some conditions.

L-R Julia Hearne, Lynne Hearne, Michael Hookings, Patricia Roberts (all League of Friends) with Lesley Chandra, Dr Ibrahim Imam, and Laura Carruthers (Torbay Hospital staff), David Rogers and Lynne Hookings (League of Friends)

A Big Noise for Christmas!

The League was the grateful beneficiary of a Concert by the Big Noise Chorus held in St. Matthias Church in December.



The Church was packed out for this very popular choir who only perform for Charity. Indeed as Colin Rea, the Director, said the Choir has raised over £40,000 for Charity since it was formed in 2009 with only 20 members. Since then it has grown and grown so that it now counts some 130 members all bound by the simple ethos that anyone can sing regardless of experience or level of ability.

There was no lack of ability shown in December when the Big Noise Chorus went through a delightful repertoire of songs including Count on Me; Somewhere Only We Know; Forever Young and Bohemian Rhapsody to name but a few. In the first half of the Concert there were two solos by Kathy Harrison (Let It Be) and Kirsty (The First Time I Ever Saw Your Face).

After the interval Vice President and Chairman of Wellswood District Lynne Hookings, who had invited the Chorus to perform, then briefly explained about our latest "Its Critical Appeal" under which we are seeking to raise £1.6m to equip the new CCU to be built at Torbay Hospital

Afterwards the Stage Coach Theatre Arts performed a number of well-known songs followed by a solo performance by Aspen Carruthers who sang one of her own compositions "Flyaway". This was then followed by Ralph who first sang a solo of "Stars" and then joined three other tenors to perform a powerful "Love Changes Everything".

The evening then finished with the entire audience joining the Big Noise Chorus and Stagecoach Theatre Arts in the singing of well-known and popular Carols including Silent Night, The First Noel and Deck the Halls.

Quite rightly there was a standing ovation at the end of an excellent performance which raised a massive £3025 for the League of Friends.



Autumn Events Round up.

St Marychurch and Babbacombe Afternoon Teas

Our newly formed St Marychurch and Babbacombe Team ladies organised two afternoon teas during the Autumn. In mid-October Myra Wise invited guests to Victoria Park Methodist Church Hall to enjoy afternoon tea and home-made cakes. The League's new selection of Christmas cards was available to purchase, and brisk sales followed. There was also a raffle with many prizes. The afternoon was enjoyed by all and resulted in a profit for the League.

In December Betty Walker organised a Christmas Cracker Tea at the Anchorage Hotel, Babbacombe. Guests were treated to mince pies, seasonal cake and each one received a Christmas cracker. Christmas cards and Bric-a-brac were on sale and a Christmas raffle took place. The afternoon was made complete by our enthusiastic supporter Mac who provided musical entertainment including Christmas songs, carols and a sing-along session – a nice start to the Christmas season!

Thank you to our supporters of these events – and well done to the St Marychurch and Babbacombe team ladies.

Good as New Fashion Bring and Buy Sale

On one of the worst evenings of the Autumn about 40 ladies braved the elements to attend our second Fashion Bring and Buy. The evening got under way with a glass of wine and nibbles while committee members busily sorted and displayed the donated clothing. We were treated to a few vintage items which included a Christian Dior dress.

Whilst trying and buying ladies were also able to purchase from our selection of League Christmas cards and donated jewellery. A raffle also took place and in total over £450 was raised for League funds.

Once again we would like to thank the staff from the Horizon Centre for their assistance.

Christmas Draw and Christmas Cards

Once again we had an extremely successful year with our Christmas Draw and Christmas card sales both in and outside the hospital - we're already planning for Christmas 2015! We're always delighted with the response we get when selling cards and draw tickets and look forward to your support again this year.

Bridge Tea

On a lovely Sunday Afternoon in November 2014 I gathered 48 People to play Bridge and have Tea at the Bridge Club in Torquay.

We had a small sponsorship from Sainsbury's and some DVD's from Mr Bridge which were given for a bit of fun to those who came at the rear end!



There were plenty of raffle tickets bought and there was almost a prize for everyone. At half time the play stopped for Tea.

There were several willing helpers behind the scenes making sandwiches and cutting up the lovely cakes which were eaten despite the participants crying out

that they were on a diet. We also had scones cream and jam or with jam and cream depending on which side of the border between Devon and Cornwall you are from.

Our famous Linen League made some beautiful bridge table sized tablecloths and several were bought. If anyone is interested there are still a few left over for a cost of £9. They are made from green red and blue colours with an edging of a pretty material with card suits on it. In each corner we have a diamond spade heart and club. If anyone would like one please telephone me on 01803 558136.

At 5.00pm we all went home with our prizes and I left with £543 to Bank plus a bit more from the sale of our Christmas Cards.

Everyone seemed happy so this event may be done again!

Christine Piper

Hon Treasurer

Roger Avenall, Past President of the Rotary Club of Torquay, presented a cheque for £350 from his years charity proceeds to Rotarian Mike Evans, Vice Chairman of the Torbay



Hospital League of Friends to help with the Leagues' appeal to raise £1.6m towards providing equipment for the new Critical care Unit to be built at Torbay Hospital

Chairman's Report

My first year as Chairman has flown by and what a year it has been. We have had several handovers of equipment including the Alter G Anti-Gravity machine for the Physiotherapy Unit; video EEG system and a video EEG system (electroencephalography) and an EMG/EP machine (electromyography and evoked potentials machine) plus associated portable laptop for the Neurophysiology service; also state-of-the-art Laparoscopic Bile Duct exploration equipment, including a high definition videoscope to name just a few. We also repaired the two crosses on the roof of the chapel.

We had our normal events which included the garden party, when for the first time ever, we ended up on the indoor tennis courts. Then there was the famous bed push and now the Events team is busy with the next round of events.

Our grateful thanks must go to the Businesses of Torbay and surrounding area and in particular our usual supporters namely Amici, Crusty Loaf, County Garage, F H Mann and Hanbury's, to name just a few. They are all still doing a superb job of supporting us as do Sainsbury's and now Waitrose at St Marychurch have started to support us as well.

I have been totally amazed by the guides and café staff who are all volunteers. They have a great commitment and to think some are 90 years young!

We have not only celebrated 60 years as a League but we have been officially asked to equip the new critical care unit. The amount of 1.6 million is the largest target we have ever been asked for and so the "This is Critical" appeal was launched. Having the Herald Express on board, and Palm FM making us their Charity of the Year, everyone is ready for the challenge ahead.

The hospital is very grateful that we have taken up the challenge and have pledged their support in all our efforts. However Torbay Hospital is your hospital, so if you have a couple of hours to spare and would like to get involved we are always looking for new volunteers to join our guides or café staff. If you would like to be more involved why not join us.

I am looking forward to my second year of office and the challenges to come and, hopefully, the handing over of the £1.6 million when we succeed with the "This is Critical" appeal. We have come a long way in our time, we started with giving fruit bowls and pictures worth £12; now we are up to £1.6 million. No matter the amount the League is committed to make your hospital the "best in the west" so that they can deliver a service that the people of Torbay richly deserve.

Dave Rogers



TORBAY HOSPITAL LEAGUE OF FRIENDS

**SUMMARY OF THE STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2014**

The summarised accounts for the year are provided on the following pages. These summarised accounts provide information extracted from the Annual Accounts. They may not contain however, sufficient information for a full understanding of the financial affairs of Torbay Hospital League of Friends. Full information is available in the Full Accounts, Auditors' Report of these Accounts and the Trustees' Report for the year ended 31 December 2014. These documents are available from the Torbay Hospital League of Friends' principal office.

The Full Accounts have been externally examined by the means of an audit. Currently the audit and the Trustees reports have not been approved.

	Unrestricted	Restricted	Total 2014	Total 2013
	£	£	£	£
Legacies	440,101	17,500	457,601	374,492
Other incoming resources	74,883	3,100	77,983	141,065
Shop profits before interest	50,908	-	50,908	(28,801)
	<u>565,890</u>	<u>20,600</u>	<u>586,490</u>	<u>486,756</u>
Charitable expenditure on equipment	(175,278)	(56,050)	(231,328)	(205,196)
Other expenditure	(31,328)	-	(31,328)	(20,914)
Net (outgoing)/incoming resources	<u>359,284</u>	<u>(35,450)</u>	<u>323,834</u>	<u>260,646</u>
Funds at 1 January 2014	1,129,359	140,969	1,270,328	1,009,683
Funds at 31 December 2014	<u><u>1,488,643</u></u>	<u><u>105,519</u></u>	<u><u>1,594,162</u></u>	<u><u>1,270,328</u></u>

Analysis of net assets of the group (between restricted and unrestricted funds)

	Fixed assets £	Investments £	Net current assets £	Fund balances £
Restricted	-	-	105,519	105,519
Unrestricted designated funds	-	-	971,792	971,792
Unrestricted general funds	121,052	-	395,799	516,851
	<u><u>121,052</u></u>	<u><u>-</u></u>	<u><u>1,473,110</u></u>	<u><u>1,594,162</u></u>

A detailed analysis of the funds are shown on page 2 of this summary.

TORBAY HOSPITAL LEAGUE OF FRIENDS

SUMMARY OF THE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2014

Unrestricted funds:

	Balance at 01 Jan 14 £	Incoming/ outgoing for year £	Transfer between funds £	Balance at 31 Dec 14 £
Designated funds				
Equipment commitments	222,583	(172,488)	921,897	971,792
General funds	906,776	531,772	(921,897)	516,851
Total unrestricted funds	1,129,359	359,284	-	1,488,643

Restricted funds:

Intensive care unit	35,323	-	-	35,323
Cardiac unit	15,323	-	-	15,323
Radiotherapy unit	15,323	-	-	15,323
Diabetic and Asthmatic patients	15,000	12,500	-	27,500
Neurology department	60,000	(58,050)	-	3,950
Critical Care Unit	-	2,600	-	2,600
Ophthalmology	-	5,500	-	5,500
Total restricted funds	140,969	(35,450)	-	105,519

Independent auditors' statement to the trustees of Torbay Hospital League of Friends

We have examined the summarised financial statements of Torbay Hospital League of Friends for the year ended 31 December 2014 as set out on pages 1 and 2.

This report is made solely to the charity's trustees, as a body, in accordance with section 151 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees, as a body, for our audit work, for this report, or for the opinion we have formed.

Respective responsibilities of trustees and auditors

The trustees are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law and the recommendations of the charities SORP.

Our responsibility is to report to you our opinion on the consistency of the summarised financial statements with the full financial statements and Trustees' Annual Report. We also read other information contained in the summarised annual report and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summarised financial statements.

Basis of opinion

We conducted our work in accordance with Bulletin 2008/3 issued by the Auditing Practices Board.

Opinion

In our opinion the summarised financial statements are consistent with the full financial statements and the Trustees' Annual Report of Torbay Hospital League of Friends for the year ended 31 December 2014.

Chartered Accountants and Statutory Auditors
50 The Terrace
TORQUAY TQ1 1DD

LEAGUE VOLUNTEER CHRIS RECEIVES ‘WOW’ AWARD

Torbay League of Friends volunteer Chris Evans has received a ‘Wow’ award from South Devon Healthcare Trust after the phlebotomy department described him as ‘a Godsend’. Chris’s normal duties involve working as a volunteer guide showing patients where to go for appointments.

But he has become a firm favourite with the phlebotomy department for helping out delivering samples and products around the site.



The department nominated him for the prestigious award saying he was ‘always cheerful and friendly’ and always ‘goes above and beyond’ to help out.

A department spokesman says: ‘Often Chris saves a member of the team from leaving their medical duties to make a collection or delivery and that helps the smooth running and efficiency of the department.

He is so helpful, he rings us up to ask if there is anything that needs doing’.

Dave Rogers, the League Chairman, presented Chris with his award and paid tribute to his willingness to help out where needed.

‘All our volunteers give up their time willingly and it is wonderful to see both the department and the Trust recognising Chris’s help in this way’

Chris said: I’m very honoured but I see the award as going to all the League members and volunteers who give up their time.

‘Both the staff and the volunteers are a pleasure to work with.’

Fish Supper

An evening of “Chish Fips and sea shanties” raised a whopping £1250 for Torbay Hospital League of Friends £1.6 million Critical Care Unit Appeal

Dave Hanbury, owner of the award winning



Hanbury's Fish and Chip shop in Babbacombe, Torquay donated his entire restaurant to host the evening for 50 guests.

Lynne Hookings, Chairman of Wellswood District of the League of Friends and organiser of the event, said "we're immensely grateful for Dave's generosity.

"He's always been a great supporter of the League and other local charities and this time he really came up trumps.

Also donating their time and talent were the Back Beach Boyz, from Teignmouth, who kept the guests entertained with

their amazing repertoire of well-known and lesser-known songs.

"They were absolutely brilliant said Lynne, "and they really made the evening very special"



Up Coming Events—Spring /Summer 2015

Monday 20th April - Summer Draw tickets will be on sale in Torbay Hospital in the Outpatients' Department – the draw will take place at the Garden Party

Sunday 14th June – Summer Garden Party at the Palace Hotel from 11 am until 4 pm. This will include: Various stalls and Games, Entertainment, Barbecue, Teas and refreshments. Admission by Lucky Programme payable on the gate. Summer Draw to be held in the afternoon.

Wednesday 17th June – We will be at Babbacombe Fayre with our popular Fruit Basket Tombola alongside our Bric-a-brac and Home Craft stall.

Sunday 19th July – Following the success of our first Bed Push we are planning to repeat this event which was much enjoyed by participants and on-lookers.

For information about these and other events please go to:

www.thlof.co.uk.

New Chief Executive announced for Torbay Hospital

The following Press Release was issued by Torbay hospital before Christmas last year:-

South Devon Healthcare NHS Foundation Trust is delighted to announce the appointment of a substantive Chief Executive to lead the Trust as it prepares to integrate with Torbay and Southern Devon Health and Care NHS Trust.

Mairead McAlinden, who will be relocating to Devon from Northern Ireland to take up the post in April 2015, has personal experience of integrating health and care services in her role as Chief Executive of the Southern Health and Social Care Trust, which she has held since September 2009.

Announcing the appointment, Sir Richard Ibbotson, Chair of South Devon Healthcare NHS Foundation Trust, said: "We had an exceptionally strong field of candidates for this post, which I believe reflects our track record of providing excellent health and care and our innovative and ambitious agenda to be a national lead for integrating and delivering truly person-centred services.

"The recruitment process was challenging for our candidates, involving focus groups with staff from both trusts, consultants and external stakeholders, as well as presentations, informal interviews and a formal interview, whose

panel included the Chairman of Torbay and Southern Devon Health and Care NHS Trust. Mairead already has experience of integrating different organisations successfully, but what particularly inspired us was her vision and leadership style. She clearly leads by example and understands the scale of the challenge that lies ahead for us. We look forward to welcoming her to Torbay.



"I would also like, at this point, to publicly acknowledge the outstanding manner in which our Interim Chief Executive, Dr John Lowes, has led the Trust through a challenging summer, for which we owe him a huge debt of gratitude."

The appointment of Ms McAlinden as Chief Executive was ratified by the Trust's Council of Governors last week. Lead Governor, Cathy French, who was also on the interview panel, commented: "Mairead's passion for working with staff to do the right thing for patients came across very strongly at all stages of the recruitment process. She is an excellent advocate for empowering staff to deliver innovation – with patients and service users always in mind. Her experience of integrated services in Northern Ireland will be put to very good use in our health community."

Mairead has worked in a range of health and social care posts since 1992. Her last five years have been spent leading an

integrated health and social care Trust in Northern Ireland, with an income of £550million and 13,000 staff serving a population of around 400,000. The Southern Health and Social Care Trust is recognised in Northern Ireland and beyond as high performing, innovative and with excellent safety and quality outcomes. Under Mairead's leadership, the Trust has been a CHKS Top 40 Hospital* for the last three years. Her previous role within the Trust was as Deputy Chief Executive/Director of Performance and Reform, and part of the leadership team that managed the integration of four Trusts into the new Trust in 2007. Before this Mairead was the Regional Director of Integrated Care and Treatment Services (2006) in the Department of Health and Social Services in Northern Ireland and Director of Planning and Performance (2002 to 2006) for the service commissioning organisation for the Southern area of Northern Ireland.

Commenting on her appointment, Mairead said: "I am delighted and honoured to be offered the post as your new Chief Executive, and am truly inspired by Torbay and South Devon's vision to become an exemplar for the integration of health and social care services. My focus will be to build on the excellent work and world class innovation I have already seen in the leadership of the Trust and in the front line staff I have met.

"In the short time I was here for my visit and then my interview, I was overwhelmed by the warmth of the welcome I received from members of the Trust Board, staff, Governors, and our local partners in Council and Commissioning, and I saw clear evidence of the culture of

caring and the deep sense of responsibility to local people who need our services. I look forward to working alongside you to continue the journey of improvement for the population of Torbay and South Devon.

"I always say that if something is not good enough for me or my family, it's not good enough for anyone, and I sense that's how it is here too. It's a challenging time for the NHS in England, but I know that we can meet the challenges, because we are building on an excellent foundation. As we work together to develop the integrated care organisation, our two Trusts have plenty of experience to bring in showing what excellent services can look like in future."

Interim Chief Executive, Dr John Lowes, commented: "Mairead is joining a committed and innovative team at a very exciting time in our history. We look forward to welcoming her to Torbay and I shall give her my full support."

Dr Jon Andrewes, Chair of Torbay and Southern Devon Health and Care NHS Trust, added: "Mairead was an exceptional candidate and quickly won the support of everyone she met. She is very fortunate to be taking over from John Lowes, who has done a superb job as Interim Chief Executive. He has won the confidence and support not only of clinicians but of all our staff and stakeholders and is handing over a well led, well managed and cohesive organisation."

As a League we have always enjoyed strong and friendly relations with the Trust and its officers. We very much look forward to meeting Mairead and working with her.

Gallstone patients first in the UK to benefit from state-of-the-art technology

Thanks to a substantial donation of £110,000 from Torbay Hospital League of Friends, patients with gallstone disease from Torbay and South Devon are the first NHS patients in the UK to benefit from state-of-the-art bile duct exploration equipment, including a high definition videoscope.

Patients with gallstones that have found their way into the bile duct can now have a 'one-stop-shop' treatment where their gallbladder can be removed and

bile duct cleared at the time of surgery rather than having two or more separate procedures, resulting in a much improved patient experience.

Gallstones are small stones that form in the gallbladder and are usually formed from excessive levels of cholesterol or calcium deposits. In most cases they do not cause any symptoms and do not

need to be treated, but larger ones can be extremely painful and are a common problem. Each week around 10 to 12 people are admitted to Torbay Hospital with gallstones, the majority of which are contained within the gallbladder and can be treated by removing the gallbladder alone.



Members of the League of Friends, including Chair David Rogers (second from left) conduct the official handover of the equipment to Torbay Hospital staff; Mr Gandrapu Srinivas and Mr Stuart Andrews (both Consultant Upper GI Surgeons) and Maxine Chaplen (Laparoscopic Nurse Practitioner).

However, when gallstones lodge in the bile duct they can cause more serious problems such as obstructive jaundice or acute pancreatitis, requiring

emergency treatment. As Upper Gastrointestinal Consultant and General Surgeon, Stuart Andrews explains: "The bile duct is a very important tube and if it becomes blocked, serious complications can arise.

"Before this equipment was donated, if a gallstone was found in a patient's bile duct, they would need to go through a

second procedure; an endoscopy, and then move on to surgery at a later date. However, for some patients endoscopy is not suitable as it is not possible to access the bile duct and this new equipment provides a back-up for such situations.

“An Ultrasound probe has also been provided by the League of Friends which improves the efficiency of gallbladder surgery and this will reduce waiting times for surgery. We are hugely grateful to the League for this donation.”

It is estimated that this new equipment will be used on a regular basis at Torbay Hospital and will be particularly useful for emergency situations, for example patients who are extremely jaundiced.

David Rogers, Chairman of Torbay Hospi-

tal League of Friends, said: “The League is delighted to have funded this highly sought after equipment. It will enable our doctors to provide a broader range of options to local patients and a better service in dealing with gallbladder and gallstone problems, which are increasing year by year. By enabling surgeons to carry out a single procedure instead of two or more, the equipment significantly improves patient care.”

The Trust sees approximately 300 patients a year with gallstones, ranging from patients as young as 14 up to about 90. The number of patients presenting with gallstones problems is increasing and this equipment helps the Trust prepare for the future.

OLYMPIC-SIZED EFFORT FROM OFFICE PALS

Ten carers and office workers from Torquay-based Somerset Care joined together to raise money for Torbay League of Friends by doing a sponsored Olympic torch walk. The torch was hand crafted by one off the staff. The walk started at the company’s office on Teignmouth Road and they completed the five mile trek at Appleby’s for well-deserved refreshments. The event was organised by Claire Davies and between them they raised £430.



Michael Hookings from Torbay Hospital League of Friends receives a cheque for £400 from Somerset Care staff Jo North, Sharna Howard and Sam French.

Junior League Update

The Junior League of Friends this year has over 40 volunteers, all of whom are so willing to get involved in all of our fundraisers and are quick to suggest innovative ways of raising money for the hospital. So far we have done small events; from a guess the sweets in the jar which helped raise awareness all over the school, to recently doing a bag packing event at Sainsbury's in the Willows, which raised an amazing £363.18. This was a great Christmas fundraiser as being in an area so close to the hospital made it really relevant and it was also lovely to see how generous people are for such a worthy local cause. Another example of a great idea from our team was donating advent calendars to the children's ward at the hospital, which we got donated from local shops and delivered in time for December. Being able to deliver these to the children personally was so heart-warming and reminded us what the fundraising is all about.

Now that we are well into the New Year we hope to continue our fundraising efforts and the launch of the critical care appeal has especially increased the incentive to do as much as we can for the League. Our plans for the near future included a non-uniform day for Sixth-formers at TGGs, which took place on the 13th February, where everyone paid

a donation to wear 'blue jeans' for the day, making it a light-hearted fundraiser as well as incorporating the blue theme of the League of Friends. We raised £132. We also hope to organise a 'Cake and Coffee Morning' later in the Spring term, where the Junior League will make cakes to sell to the rest of the school, which will be a good way to raise awareness and hopefully be a successful fundraiser.

It is great to be a part of such a good cause and the whole of the Junior League of Friends feel the same; we're all excited for what is to come.

Amy - Chairman.



Nadia (Vice Chairman) and I are on chairs at the front. The rest of the management team are positioned in various places in the photo, but here are our roles:

Mae-Sing: Finance Officer

Emily: Advertising Officer

Eileen: Social Media Representative

Vicky: Secretary

WAITROSE CUSTOMERS HELP RAISE £353 FOR LEAGUE

Waitrose customers played a big part in raising more than £350 for Torbay Hospital League of Friends in their quest to raise £1.6million to help equip the planned new Critical Care Unit at the hospital.

Every customer who passes through the checkout is given a little green token which they can drop in a series of boxes to choose which charity receives cash from the store.

Waitrose's Mark Elmer said: 'The League was hugely popular, as always, and we are thrilled to help raise funds for this vital unit'.

League Chairman Dave Rogers said: 'Without the help of people like Waitrose and their customers we couldn't do our vital work.

'The people and businesses of Torbay are incredibly generous and supportive of our efforts'.

Café Times

SHOP/CAFÉ (Outpatients Entrance - Level 2)

OPEN 9.30am to 4.30pm

Tea, Coffee, Chocolate; Cool Drinks, Hot Food, Pasties, Sausage Rolls, Cheese/Bacon Wraps.

Assorted Sandwiches & Rolls, Fresh Cakes and Buns. Toasted Teacakes, Toast.

Seasonal Specials: Mince Pies, Hot Cross Buns, etc.

OPEN Monday & Thursday 9.30 to 4pm & Fri (am)

Our new and improved website is up and running,
take a look to find out about the latest events and
information on the League @

www.thlof.co.uk

Or Scan the QR code



Crab Supper

THE ROTARY CLUB OF PAIGNTON holds a Crab Supper each year to raise funds for local charities and this year the League is delighted that they have decided to benefit our “It’s Critical” Appeal to help raise the £1.6m needed to equip the new CCU



© Can Stock Photo - csp13381812

The Crab Supper will take place on Friday 8th May in the Spanish Barn Torquay Sea Front 7.00pm for 7.30pm and promises to be a great evening if you like seafood although there are other options. Tickets cost £25 and include a free tour of Torre Abbey starting at 5.30pm and a glass of wine. There will be a Raffle and the evening will be a tremendous boost to the “It’s Critical” Appeal.

Tickets from Marione Smith 01803-409617 (marionejsmith@hotmail.co.uk). Please make cheques payable to “Paignton Rotary Club”

There are tables of 10 so why not put together your own party and enjoy the first evening without General Election fever for goodness knows how long.

Palm FM Bowling Night

The first Palm FM Charity Bowling night for this year was in aid of the Torbay Hospital League of Friends and raised over £1300 to go towards the “THIS IS CRITICAL” Campaign. 17 teams took part (including one from the League itself) to make this a highly successful evening.

Star of the evening for the League was our President Patricia Roberts who managed a “strike” with the first ball!

The League is immensely grateful to all the teams who turned out and for their support of our ‘Critical’ Appeal.

[Picture shows Lynne Hearne being cheered on by the League’s Team members in the hope (if not expectation!) of a Strike]



TORBAY HOSPITAL LEAGUE OF FRIENDS WELLSWOOD DISTRICT
PRESENTS A.....

ST GEORGE'S DAY CELEBRATION

JOIN US AT THE GRAND HOTEL, TORQUAY.
SPARKLING WINE RECEPTION, DINNER & DANCING
ON FRIDAY 24TH APRIL, 7PM UNTIL LATE

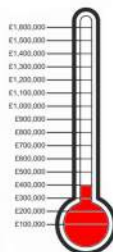
TICKETS £40. DRESS CODE: BLACK TIE
CONTACT: LYNNE HOOKINGS - 01803 291581 OR
SHIRLEY COX - 01803 322805

HELP US RAISE £1.6 MILLION TO BUY STATE-OF-THE-
ART EQUIPMENT FOR THE NEW CRITICAL CARE UNIT
AT TORBAY HOSPITAL.



TORBAY HOSPITAL
League of Friends
Helping to care...
Wellswood District

THIS IS CRITICAL!
CCU APPEAL



In Memoriam

Tributes have been paid to former Chairman of the League **Aubrey Sawyer** who dies at the age of 93.

The former councillor, who was Mayor in 1985/86 died at Torbay Hospital on January 11th after a short illness.

As Chairman of Torbay Hospital League of Friends, Aubrey launched a Going for a Million campaign and two years later, when Geoff Wilde had taken over from him, they handed over a £1million cheque in 1968, another remarkable achievement for the Friends who have a long history of raising money for the Hospital.

Aubrey was equally well known in local business, football, politics and fundraising arenas.

Doris Crews, who had been a Friend for 60 years, sadly died on 24th August 2014. Doris first became involved with the League through her parents Mr and Mrs Tom Revell who were



founder members of the League. Tom Revell was League Chairman from 1962 – 1965. Doris worked tirelessly for the League both as Treasurer and Chairman for our Upton District. She helped at almost every Garden Party we have held and she was also an enthusiastic seller of draw tickets and Christmas cards both in and out of the hospital. We continue to benefit from Doris's support as her daughters have donated many items hand-made by Doris to be sold at future events.

Coffee Break!

CRITICAL

CARE

DAVINCI

ENTRANCE

DIAMOND

LEAGUE

FRIENDS

TORBAY

HOSPITAL

BUTTERFLIES

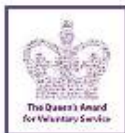
E	T	F	D	S	U	B	A	S	N	C	S
U	N	K	T	O	R	B	A	Y	T	Y	F
B	U	T	T	E	R	F	L	I	E	S	R
C	M	A	C	E	X	D	I	D	Q	H	I
D	I	A	M	O	N	D	X	A	E	H	E
C	L	E	A	G	U	E	Y	V	T	O	N
M	U	Y	K	V	S	U	T	I	A	S	D
A	H	R	R	A	B	T	I	N	O	P	S
E	N	T	R	A	N	C	E	C	C	I	F
C	R	I	T	I	C	A	L	I	A	T	K
E	E	T	B	X	K	N	N	O	R	A	D
S	E	E	G	E	W	R	G	E	E	L	R



TORBAY HOSPITAL

League of Friends

Helping to care...



Do you have any spare time ?

Would you like to

VOLUNTEER

to help in Butterflies Café or as a Guide ?

The services that the League of Friends offer to patients and staff at the Hospital are provided by volunteers and we are always pleased when new people come forward.

Volunteers work a regular morning or afternoon, once or twice a week, and any time you are able to give will be much appreciated.



Butterflies Café

in the Outpatients Department is open Monday to Friday.

We serve hot and cold drinks, hot and cold snacks, cakes etc.

Guides are based in the Outpatients Department.

We provide a delivery service between hospital departments and are on hand to Meet and Greet patients who may need help to find their way.



For further information please contact :

June or Pat in the League of Friends Office, Outpatients Department, Level 2

Telephone 01803 654520 or email thlof@fiscali.co.uk

thlof.co.uk





TORBAY HOSPITAL

League of Friends

Helping to care...

SUBSCRIPTION FORM

- ☐ Please enrol me as a member of the League of Friends
- ☐ I would like the League of Friends to treat donations I make from the date of this Declaration until I notify otherwise as a GIFT AID DONATION
- ☐ By cheque payable to "The Torbay Hospital League of Friends"
- ☐ By completing the Bankers order for below.

Name:

Address:

Postcode:

I/WE enclose

£

☐ I am aware that I must pay an amount of Income/ Capital Gains Tax at least equal to the tax the Charity reclaims on my donation in the tax year.

Signature:

Date:

BANKERS ORDER FORM

To (Your Bank Name):

Address:

Postcode:

Please pay National Westminster Bank, Torquay, 55-70-01 for the credit of **TORBAY HOSPITAL LEAGUE OF FRIENDS** (Registered Charity No: 200905). Account No. 05909295 the sum of:

£

Words:

Commencing NOW

and thereafter annually every

(due date) until further notice from me/us in writing

Account to be debited:

Account Number

First Signature

Second Signature

Print name:

Print name:

Dated:

Please send completed form(s) to Mrs J Hearne, Membership Secretary, Torbay Hospital League of Friends, 2 Heathlands Court, Heathlands Rise, Teignmouth TQ14 9HH

When you have read this newsletter please pass it to a friend or neighbour to help publicise the work of Torbay Hospital League of Friends | Keep up to date...Visit our website at www.thlof.co.uk