



TORBAY HOSPITAL *League of Friends* *Helping to care...*



OUR NEW BASE

***Our New Base is up on Level 4
Main Entrance.***

From March we will become more operational. It's been a long time coming and we will be pleased to have a presence in the Hospital once again. Please look out for us. We will be in a position to accept donations, including Pennies in Plastic.

The Hospital commented 'Brilliant to see the Torbay Hospital League of Friends in their new base, on level 4 main entrance in Torbay Hospital. The League will be at the hospital every Wednesday selling a range of items. Chairman of the League Roy Tuttle said, 'We are delighted to have a base once again at the hospital and would love to chat to anyone interested in supporting the League, please do pop in to see us!'



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If you would like to volunteer for one of our committees, or for any other enquiry, please contact:

Mr P.F.V White (Secretary).....01803 298170
Highlyn, 6 Haldon Close. Torquay,TQ1 2NA
Email.....info@thlof.co.uk

With Special Thanks

We would like to thank all of you who have contributed to making the Torbay Hospital League of Friends such a success, and we hope you will enjoy reading about how we continue to raise funds to carry on the good work.

We have over 250 members who give us valuable support throughout the year.

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& Kathryn Westaway



When you have read this newsletter please pass it to a friend or neighbour to help publicise the work of

Torbay Hospital League of Friends.

Visit our website at

www.thlof.co.uk



OPENING OF THE NEW ACUTE MEDICAL UNIT



The League was invited along with other dignitaries to the opening of this new unit, although it was a very happy day it was also sad as the footprint of this new unit covers the area where our Butterflies Café once stood.

The League was asked to fund equipment for this new unit which we were only too happy to oblige.



Chairmans Message



Message from the Chairman

Our motto is HELPING TO CARE so I am delighted that **we have gifted a further £2.19 million to Torbay Hospital in 2022.** Over the last 68 years the League of Friends has donated an incredible sum of £21m. This huge amount of money is down to the generosity of local people who have continued to support us wholeheartedly in spite of Covid - 19 and lockdowns.

It was wonderful to attend the opening of the Acute Medical Unit and the hospital timeline.

Our League of Friends pod will be opening shortly in the level 4 reception area, and we will be manning tabletop sales in the near future.

We were able to distribute cards and presents to patients who were in hospital on Christmas Day.

Events have been arranged for 2023. A quiz in February, skittles in April, concert in June, bed push in August, and Torbay Holiday Helpers fun day in September.

Once again a big thank you for your support.

Roy Tuttle



Message from the President

We are very pleased to now have a presence in the Hospital, albeit nothing like a cafe or a shop. We will work hard to develop our office and stall in the Main Entrance, Level 4, and hope that we can make contact with the public, who, through us, support Torbay Hospital so well.

Pat Roberts



Hospital Timeline

The Hospital is always looking forward but this time it glanced into the past.

A new graphic timeline has been unveiled on the wall of a corridor at Torbay Hospital, which reflects on the history of health and social care in Torbay and South Devon, while looking toward what the future might hold.

The Timeline, which was unveiled in a ribbon cutting ceremony last week, is 30ft long, and features key dates both from the history of healthcare in the local area and more widely across the country.

Local people, visitors, patients and our staff were asked what key dates they would like to see featured and, although not exhaustive, the Timeline captures many important milestones.

Several Hospital dignitaries attended along with representatives from other Leagues from around the area.



Meet the team

Martin Tucker, Trustee

Martin Tucker is the newest member of The League of Friends management committee.

He has wide experience of business and finance having worked for over 30 years for Barclays Bank and Lloyds TSB before moving on to Business Link in Plymouth where he was able to provide advice to a wide range of businesses across Devon and Cornwall.



Born and bred in Torquay Martin has been married to Julia for over 40 years and they have two grown up sons.

Martin is active in the local community. In addition to his role with The League he is also a member of Torquay Rotary Club and Torquay Probus Club. Recently he has just completed his role as Treasurer for a Rotary District Conference which saw Rotarians from across Devon and Cornwall descend on Torquay for a conference entitled "Rotarians against Poverty".

When time allows, he enjoys Bowling. In the summer you can often see him playing at Torbay Country Bowling Club in the grounds of Oldway Mansion.

Martin says:

"Over the years my whole family have benefitted from the wonderful care Torbay Hospital offers so it is a great pleasure to be in a position to try and give something back".

Martin Tucker

In January the Ilsham WI invited us to attend a presentation of a cheque for £900.

We are continuing to support Torbay Hospital in all kinds of different projects which we hope will improve patient healthcare for the future, notwithstanding the serious challenges that the whole of the NHS is currently facing.

We would you thank all your members for their incredible generosity over the last two years which has resulted in the Ilsham W I having now donated a total of £1985.45 to the League of Friends.



Our picture shows (l to r) Lyn McCaig Trustee, Pat Roberts, President THLOF, and Mrs Claire Welding – President Ilsham WI.



Dear League of Friends,

When I started drafting this introduction, I was expecting it would be a valedictory statement from me as Trust Chairman as my current contract expires at the end of May.

Responding to advice from NHS England regarding the need for continuity of leadership during the difficulties Devon health and social care services are currently facing, our Governors have decided exceptionally to offer me a further 12 month contract. I'm really grateful to them for this flexibility – it didn't feel to be a good time to be leaving the Trust with so much change happening.

Much of that change is already known to the League of Friends because you have been in the background providing essential and valuable support throughout. The new Acute Medical Unit is a good example. It was a privilege to acknowledge what you do at the opening ceremony. Since then, the AMU has already started proving it's worth, and it is the most recent and tangible example of the changes to our acute site that are gathering momentum as the Building a Brighter Future project gets underway. I think that change of this sort will be the flavour of the next few years, and of course it is hoped that you will be involved and supportive of requirements that can't be achieved through public funds as things develop.

It was a real joy to be at the "official opening" of the League's office space in the hospital main entrance. Since I'm working at regaining fitness for a summer of cycling, the only down side was having to repeatedly refuse the excellent cake on offer. It is a significant step forwards to have the League back with a permanent footprint in the hospital and I hope will mean that we can continue to raise profile of the League with the public we serve.

It's been and remains a very challenging period. Recovering from the implications of the pandemic and managing a reality where demand and capacity are out of balance is hard. Your support and understanding means a very great deal to our staff, who continue to provide the exceptional, day in, day out. Knowing that the League are there, helping and appreciating what they do is so very important for them. I offer heartfelt thanks on their behalf.

Every best wish for the future, and thank you.

Richard

Trust Chairman



Quiz Night

The first quiz night of 2023 was held at the Horizon Centre, Torbay Hospital. A great time being had by one and all with the winners being Jam Tomorrow. Team members were Prof Chris Balch, Sian Walker-Mc-Allister, Michelle Westrood and Dr Joanne Watson.

It was a close contest. As champions they now have to return to defend their title at the next quiz!



JOIN US FOR OUR CHARITY CORONATION TEA PARTY

FRIDAY 28TH APRIL
4PM

HUNTS CIDER EVENTS BARN

CREAM TEA AND CIDER!
TICKETS £15 EACH FROM
WWW.HUNTSCIDER.CO.UK

ALL PROFITS TO TORBAY HOSPITAL
LEAGUE OF FRIENDS

Tis Proper



Junior League

Hi, we're the new chair and deputy chair of the Junior League of Friends.

Since our 2023 team was put together we've held an in school bake sale and sold refreshments at our Year 9 option evening. We've started making our plans for the upcoming year ahead, including hopefully multi days and more bake sales. We have a brilliant team of people in the Junior League, everyone is very keen to be fundraising and making a difference for our local hospital.

Working with the League of Friends is an honour, and we can't wait to see what we can achieve in the upcoming year ahead!

*Thanks,
Leila and Nusaybah*



Torbay Hospital League of Friends has generously paid out £39,000.

***To enable our Phlebotomists and
Drs Assistants to replace old and
worn-out trolleys.***

The services cover the wards at Torbay hospital 7 days a week both weekdays and out of hours until midnight.

Michelle Collins from Site Services made a bid to the League of Friends in July last year to replace the old, bulky, unwieldy trolleys with new ones. Michelle told the League "The old trolleys were heavy, bulky and were not really compatible with the work load the team currently face especially as the label printers they use were not compatible with the laptop/software and often caused delays in printing cyberlab labels at the bedside".

Michelle asked the League to fund 10 new trolleys along with monitors/keyboards and blood printing labels. She said "These new trolleys are easier to move, have powered label printers to increase performance of the team across the hospital. They have larger monitors, to ensure the correct information for samples are taken".

Chairman of the League, Roy Tuttle, said Michelle's presentation to the League was very persuasive. He said "We understood only too well there were issues with equipment not working or not compatible and that blood samples and label printing should all be completed at the bedside. For all these reasons we were happy to spend the money as we know this would be an invaluable investment for the team and the hospital".



Update from Chief Executive

I am delighted to have been invited to provide a short update for your newsletter and would like to start by saying how wonderful it is to see the new League of Friends office open on level 4 in our main entrance. It is really important to us that the League has a permanent, visible presence on site and that we support you to raise awareness of your very valuable work.

I was privileged to join you at your first official event of 2023, the quiz night at the Horizon Centre. While sadly I was not part of the winning team, losing out to my more knowledgeable non-executive and executive colleagues, it was a highly enjoyable evening and great to be able to be today again.

It has been a tough winter for the NHS nationally, regionally and locally but there have been many positives. Our Acute Medical Unit, to which you generously donated more than half a million pounds of equipment, has helped us to reduce ambulance handover delays and ensure more people are getting the right care in the right place. Good work is taking place to reduce waiting lists although there is much more to do – the expansion of our endoscopy and day theatres provision will make a significant difference and we are looking forward to these building works being completed by the end of this year.

Some of you may have also noticed that the Hengrave car park has become a building compound while we expand our radiotherapy department so that we can install a new Radiation Therapy Computed Tomography (RT-CT) scanner.

The scanner will bring state of the art technology to our radiotherapy department offering a better patient experience and create a more comfortable environment and it is hoped it will be in use by September. We have also begun the first of many changes planned on site as enabling works for our New Hospital Programme get underway. Northcott Hall at the top of our site is being removed in order to make space for the site compound for the building work to expand endoscopy and day theatres – reducing the need to use car parking spaces for this purpose which is very important! Built in the 1960s Northcott Hall was used for many years as nurse's accommodation although more recently it has stood vacant.

Further changes are planned on both the South and North part of the site to ensure that we are fully prepared and ready to start building our new hospital buildings as soon as we can, enabling us to continue delivering the best care possible to our patients. We expect an announcement from the national team on our funding allocation in the next few weeks (fingers crossed!).

It feels fitting that in the year that the NHS turns 75 that we continue the legacy of innovation and improvement that has been part of the NHS since its founding. The health and wellbeing needs of our people have changed radically in the past 75 years and it is only right and fitting that the NHS changes to meet the needs of people now and in the future. You have played a vital role in our past and we truly hope that you will continue to play a vital role in our future. Together we can truly make a difference.

We are very lucky to have such a dedicated, supportive and enthusiastic group of people who all want to help us make a difference whether that is to the care we can provide to people who use our services, the experience of receiving or delivering care or to the physical environment in which people work or receive care.

We hope you feel that through your work with the League of Friends you are actively contributing to our vision of better health and care for all and we look forward to continuing to work together with you to support everyone to live as well as possible.

Liz Davenport



How you can help...

If you wish to support the League by becoming a Friend, visit our website www.thlof.co.uk for details on membership.

Donations...

Donations can be sent to our secretary **Philip White, Hightlyn, 6 Haldon Close, Torquay, TQ1 2NA**. If your donation can be 'gift aided' this will significantly increase the value to the Charity. Please contact the Secretary if you would like a Gift Aid form.

Volunteer

Even a couple of hours a week can make a real difference. If you would like to become a more active member of the League such as helping with Fund raising or with League events, **please contact the Secretary Philip White**

Leave a legacy

We hope our hospital plays a role in everyone living a long and happy life. Leaving a gift to charity is an amazing way for you to say thank you



Future Events

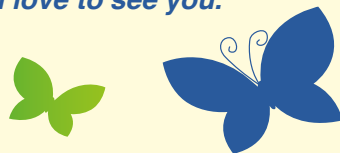
Although we publish a newsletter in Spring and Autumn we also send out a update monthly update by e-mail, to receive this e-news message us on **info@thlof.co.uk**

Everyone is very welcome to join us at any of our fundraising or information events.

Information on any of these events can be obtained by emailing **info@thlof.co.uk**.

Details will also be in the monthly e-news, nearer the time; so please make sure we have your e-mail address.

We would love to see you.



95p in every £1

Donated goes directly to supporting our charitable causes.

TORBAY HOSPITAL
League of Friends
Helping to care...

As from February 2023 Amazon are stopping their Amazon Smile donation to charity. We have signed up to Easy Fund Raising. It is easy to sign up to. More places use it and what's more it costs you nothing.

Just follow the link

You can raise FREE donations for Torbay Hospital League of Friends every time you shop online - just use #easyfundraising! Over 7,000 brands will donate, including all the big names like John Lewis & Partners, Expedia, Argos, Just Eat and many more! Sign up here:

www.easyfundraising.org.uk/support-a-good-cause/step-1/?invite=UHOK1H&char=283542&referral-campaign=c2s&utm_campaign=r2wjan-2023



TORBAY HOSPITAL *League of Friends*

*I Would Like To Donate and/or Become A Member**

Title	_____	First Name or Initial	_____
Surname	_____		
Full Home Address	_____ _____ _____		
Email Address	_____ _____		

☐ I would like to make a donation of £_____ to Torbay Hospital League of Friends by cheque / postal order made payable to: **TORBAY HOSPITAL LEAGUE OF FRIENDS**

☐ I would like to become a member of **TORBAY HOSPITAL LEAGUE OF FRIENDS** and have:
Either: Enclosed my cheque/postal order for £_____
Or: Completed the Bankers Order Form overleaf

giftaid it

**Boost your donation by 25p of Gift Aid
for every £1 you donate**

*Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK taxpayer.*

In order to Gift Aid your donation you must tick the box below:

☐ I want to Gift Aid my donation of £_____ and any donations I make in the future or have made in the past 4 years to **TORBAY HOSPITAL LEAGUE OF FRIENDS**

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please notify the charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

SIGNED _____

DATED _____

** See overleaf*

Please send completed form[s] to: Mrs J Hearne, Membership Secretary
TORBAY HOSPITAL LEAGUE OF FRIENDS
10 Abbey Close, Teignmouth TQ14 8FB

MEMBERSHIP OF THE LEAGUE

- Entitles you to receive a twice yearly newsletter which contains a comprehensive list of forthcoming events and latest news.
- Entitles you to attend our AGM each year and take part in the election of new trustees.
- The amount of subscription is entirely up to you but we respectfully suggest a minimum of £15.00 per annum.

Standing Order Mandate

To (Your Bank Name)

Postal Address

Please pay by banker's standing order

To: National Westminster Bank Torquay

Sort Code: 55-70-01

Account Number: 05909295

Name of Account: TORBAY HOSPITAL LEAGUE OF FRIENDS

Amount (Figures): £

Amount (Words):

Date of First Payment:

And thereafter
ANNUALLY /
MONTHLY every

Until further notice and debit my account:

Account to be debited:

Account number:

Sort Code:

First Signature:

PRINT NAME

Second Signature:

PRINT NAME

Date:

Address: