

BED PUSH 💥 🗸

Torbay Hospital League of Friends held their annual bed push in Torquay on Sunday 27th August which raised over £1,000 for League's.

The bed push, which returned for the first time since before the COVID-19 pandemic began, sees League members and supporters push a hospital bed, complete with a teddy patient, around Torquay seafront while collecting donations from members of the public.

The route begun at the Grand Hotel, past the Princess Theatre round the inner Harbour before heading back to the start. Three pushes took place at 10am, 12pm and 2pm. Members of Torbay Hospital League of Friends were also joined by Councillor Mark Spacagna, The Worshipful Mayor of Torbay, who has chosen the League as one of the charities he will be raising funds for during his year-long Mayoral term.

The teams were also joined by Kate Lissett, interim Medical Director, and Jane Harris, Associate Director of Communications and Partnerships from Torbay and South Devon NHS Foundation Trust.

Lots of people showed their appreciation for the League of Friends and their local NHS. We are particularly grateful for support from Offshore Bar & Restaurant and Harbour Gifts and Antiques.

Contents

Chairman Report2	
Message from Vice President	
Jane Harris4	
Mobile Display / Meet the team5	
Golden Wedding6	
Equipment7	
WENDY and ALAN CREAM TEA8	
Wallpaper / Bladder Scanner Handover9	

If you would like to volunteer for one of our committees, or for any other enquiry, please contact:

Mr P.F.V White (Secretary)......01803 298170 Highlyn, 6 Haldon Close. Torquay, TQ1 2NA Email.....info@thlof.co.uk

With Special Thanks

We would like to thank all of you who have contributed to making the Torbay Hospital League of Friends such a success, and we hope you will enjoy reading about how we continue to raise funds to carry on the good work.

We have over 250 members who give us valuable support throughout the year.

Designed and Printed by

Edited by - Dave Rogers



When you have read this newsletter please pass it to a friend or neighbour to help publicise the work of

Torbay Hospital League of Friends Visit our website at - F - N www.thlof.co.uk



CHAIRMAN REPORT



Many thanks to everyone who supported us recently at Babbacombe Favre and our annual Bed Push. The two events raised over £1500.00 for the League

£1500 Raised

We now have an office on Level 4 in the main entrance. On Wednesday's our volunteers are there doing a table top sale, collecting pennies in plastic, and happy to chat.

From next month there will be tickets available for our Christmas Draw. as well as our Christmas cards.

Look out for upcoming events. These will be publicised in our monthly newsletter.

Mrs Kathryn Westaway

Chairman



Message from Vice President



Since the Spring Newsletter of '23 – we have now settled into our new home on Level 4 (Main entrance). However, we only have the Wednesday, with a table in the Main reception, morning and afternoon to sell our wares, from books to Jigsaw puzzles and even hand crafted items made by our very own Linen League.

From the beginning of October however we will be there Monday – Friday (mornings only), except Wednesday – all day – selling our Christmas Cards as usual.

Sadly – Butterflies Café (Level 2/ Outpatients) was closed when the Covid epidemic entered our country in March'20 – we were further disappointed when we were given the decision to close Butterflies in December '20 – as the space was required for the new Acute Medical Unit (AMU). This is all patient centred care for which we should be most thankful.

So because we are all volunteers, we are able to return 95p in the \pounds 1.00. We only spend the 5p on stationery, postage, 2 Newsletters per years and Auditor's fees. I'm sure you know we are so very proud to fund various items of Hospital Equipment, over the years, to the tune of over \pounds 22m.

It is almost certain that everyone in Torbay, either personally or through relatives and friends has benefited from something that the League has provided. This is reflecting in the continuing support that the League has and continues to receive over 69 years – and next year in **2024** we will be celebrating **70 years** !!

So please continue to support us, via Memberships, Legacies, attending our events and even buying from our table on Level 4.

Who knows what the future holds for the League but after serving for over 20 years, myself and my husband – Michael – are committed to the League and we both wish it well for the future.

Lynne Hookings

Vice President

Jane Harris

Associate Director of Communications and Partnerships

Supporting us to deliver better health and care for all

I am delighted to have been invited to provide a short update for your newsletter. I have been privileged to join you for a number of events this year as you step up your fundraising events and activities following the COVID-19 pandemic.

The Hunts cider coronation tea party was a wonderful afternoon even if the raffle proved less than successful for me – I think I was the only person on my table not to win anything! I had heard stories of the legendary bed push and it was a real joy to be able to join you for this last month. Although I am still waiting to find out exactly how much I raised in my bucket, hint hint.

I have also really enjoyed working with you on the presidents' wallpaper which, by the time you are reading this, may be installed in our hospital. It has been a real pleasure to meet the families of past presidents Joan Williams, Fred Payne and David Hall and witness the pride that they feel in their loved ones' association with the League and your achievements together.



Our extension for our new Radiation Therapy Computed Tomography (RT-CT) scanner is nearly complete. As you may know, it's thanks to the League that we have the new scanner and we are looking forward to inviting your trustees to join us at a ribbon cutting event next month.

Building work is now well underway for our expansion to our endoscopy service, with the modular build being craned in over the August bank holiday weekend. We hope that this fantastic new area will be open to patients by the end of November. Construction has also started on the expansion of our day theatres which is due to be completed in early 2024. We know that the significant amount of construction onsite is challenging for both patients and staff, with disruption to access routes and parking. We are doing everything we can to minimise the impact, but we all recognise that with investment and redevelopment there will always be short term pain for long term gain.

We are also working on our site enabling business case which will get us ready to start building our new hospital. It has been confirmed that our programme will be completed by 2030 and this means that we can continue with our plans to incorporate modern hospital designs into our buildings, making use of the latest technology, digital innovation, and sustainability. Over the next year you should see significant changes on the North part of the site as we clear buildings that are no longer fit for purpose ready for our new buildings to go up.

I feel very lucky to work alongside such a committed, caring and passionate group of people who are so dedicated to helping to care. You have a long and proud history as a League and I am already looking forward to seeing how you celebrate your 70th birthday next year (and joining in).

Jane Harris

Trust Chairman

Mobile Display



We recently handed over an Interactive virtual mobile display unit to Dementia care. This unit has many preprogrammed settings and can be programmed to suit individual needs. It can be used on the floor, table, walls or even on the ceiling.

Members of the League joined staff in a demonstration of this equipment which cost £7333

Meet the team

Jenny Berry, Trustee

I was born on 7th July 1943 in Torbay Hospital and grew up in Torquay, I went to Barton Infants/Junior school, then went to Audley Park Secondary School, I also did 2 years at South Devon Technical College and passed my City and Guilds for cookery. I worked in M & S in town, then Sifam and finally Tolchards and was there for 34 years until I retired.



Both my husband Bob and I joined the IOF, (Independent Order of Foresters in 1984 and have been fundraiser and Treasurer for a few years and travelled the South West with them.

After retiring in 2003, I did a couple of years on a Thursday at the Rowcroft day centre, before joining Trevor at the Barton and Watcombe branch of The Torbay Hospital League of Friends and from then on become a Trustees.

I enjoy being involved with the L.O.F.

My hobbies include reading and completing crosswords.

I have been married to my husband Bob for 55 years in September.

Golden Wedding

"A Golden Wedding couple, Allan & Susan Middleton of Heathfield, Newton Abbot held a party to celebrate their Golden Wedding Anniversary at the Kestor Inn Manaton in August this year. With family and friends they partied the night away with a 1970s themed buffet to a wonderful band called Vinyl Frontiers.

Susan said "We are so grateful to the staff at Torbay Hospital as Allan was very ill during April of this year and without their expertise and care he would not have been here to celebrate. We count ourselves as very lucky and felt this was an ideal moment to do something to show our appreciation and your organisation was the first one that came to mind. We were more than happy to ask all our guests to make a donation to the Torbay Hospital League of Friends and were delighted to have been able to raise £300.20 to the League".

Many thanks Allan and Susan – and our Congratulations and Best Wishes to you both for many more Anniversaries".



Equipment

Over the past few months these are a few of the items we have given to various wards and departments



WENDY and ALAN CREAM TEA

On a beautiful afternoon in September Wendy and Alan, with some help from the League, organised a cream tea at Ipplepen Village Hall. Everyone enjoyed the wonderful singing by Peter (Mac) Dell. And then Ann Widdecombe spoke about her experience on Strictly Come Dancing.

It was a great afternoon and everyone was busy especially in the kitchen. Joyce made 200+ scones, Lyn and Cathy who served the teas and not forgetting Roy who did the washing up.

Thank you to the 75 people who attended the event, helping us raise **£650** for the League!

A great time was had by everyone, and Wendy and Alan are planning for next year.





Wallpaper

The Hospital is very grateful to the League of Friends for the help that they give. As they wanted to brighten the Entrances, a wallpaper display showing the last four Presidents of the League will be displayed.

> Since 1954 Torbay Hospital League of Friends has been providing amenities and services to support Torbay Hospital. Over the years it has become one of the leading leagues in the country raising millions of pounds to benefit local people.



TORBAY HOSPITAL

League of Friends

Helping to care ...

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Pat has been an active member of the varia sites 1957, joining just three bacher, was elected as control in a finite bacher, was elected as control of the bacher.

Bladder Scanner Handover

To enable Midgley ward provide a super-efficient service to its patients the League was delighted to provide them with a top of the range bladder scanner costing **£8613.85**.

£8613.85



How you can help...

If you wish to support the League by becoming a Friend, visit our website www.thlof.co.uk for details on membership.

Donations

Donations can be sent to our secretary **Philip White, Highlyn, 6 Haldon Close, Torquay, TQ1 2NA** If your donation can be 'gift aided' this will significantly increase the value to the Charity. Please contact the Secretary if you would like a Gift Aid form.



Even a couple of hours a week can make a real difference. If you would like to become a more active member of the League such as helping with Fund raising or with League events, **please contact the Secretary Philip White.**

Leave a legacy

We hope our hospital plays a role in everyone living a long and happy life. Leaving a gift to charity is an amazing way for you to say thank you.



Future Events

Although we publish a newsletter in Spring and Autumn we also send out a update monthly update by e-mail, to receive this e-news message us on **info@thlof.co.uk**

Everyone is very welcome to join us at any of our fundraising or information events.

Information on any of these events can be obtained by emailing **info@thlof.co.uk**.

Details will also be in the monthly e-news, nearer the time; so please make sure we have your e-mail address.

We would love to see you.



95p in every £1 Donated goes directly to supporting our charitable causes.



We have signed up to Easy Fund Raising. It is easy to sign up to. More places use it and what's more it costs you nothing.

Just follow the link

You can raise **FREE donations** for Torbay Hospital League of Friends every time you shop online - just use #easyfundraising! Over 7,000 brands will donate, including all the big names like John Lewis & Partners, Expedia, Argos, Just Eat and many more!

Sign up here:www.easyfundraising. org.uk/support-a-good-cause/ step-1/?invite=UHOK1H&char=283 542&referral-campaign=c2s&utm_ campaign=r2wjan-2023



I Would Like To Donate and/or Become A Member*

Title		rst Name Initial		
Surname				
Full Home Address				
Email Address				
		to Torbay Hospital League of Friends TORBAY HOSPITAL LEAGUE OF FRIENDS		
I would like to become a member of TORBAY HOSPITAL LEAGUE OF FRIENDS and have: Either: Enclosed my cheque/postal order for £ Or: Completed the Bankers Order Form overleaf				
giftaio	t Aid is reclaimed by the charity	your donation by 25p of Gift Aid for every £1 you donate / from the tax you pay for the current tax year. identify you as a current UK taxpayer.		
In order to Gift Aid your donation you must tick the box below:				
		and any donations I make in the TORBAY HOSPITAL LEAGUE OF FRIENDS		
I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.				
	his declaration me or home address ufficient tax on your income	If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.		
SIGNED				
DATED				

* See overleaf

Please send completed form[s] to: Mrs J Hearne, Membership Secretary TORBAY HOSPITAL LEAGUE OF FRIENDS 10 Abbey Close, Teignmouth TQ14 8FB

MEMBERSHIP OF THE LEAGUE

- Entitles you to receive a twice yearly newsletter which contains a comprehensive list of forthcoming events and latest news.
- Entitles you to attend our AGM each year and take part in the election of new trustees.
- The amount of subscription is entirely up to you but we respectfully suggest a minimum of £15.00 per annum.

Standing Order Mandate

To (Your Bank Name)				
Postal Address				
Please pay by banker's standing order				
To:	National Westminster Bank Torquay			
Sort Code:	55-70-01			
Account Number:	05909295			
Name of Account:	TORBAY HOSPITAL LEAGUE OF FRIENDS			
Amount (Figures):	£			
Amount (Words):				
Date of First Payment:				
And thereafter ANNUALLY / MONTHLY every				
Until further notice and debit my account:				
Account to be debited:				
Account number:				
Sort Code:				
First Signature:				
PRINT NAME				
Second Signature:				
PRINT NAME				
Date:				
Address:				